

# CMSTEP RETREAT 2010

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## Return to the Tribe!

We all need to be refreshed and to take good care of ourselves. What better way to do that than to spend time with old friends and colleagues! If you are a teacher or work in a Montessori adolescent education program, you are invited to participate in this retreat. All activities offered are optional. You may take part in any, all, or none. There will be opportunities for participating in seminars, sharing your stories, taking time for reflection, receiving therapeutic massage, doing yoga, and taking hikes,

**Saturday, January 16, 2 PM through  
Monday, January 18 at noon**

**Cost: \$325.00 per person, all meals, activities, and lodging provided.**

**HYDE PARK CMTY UNITED METHODIST - AT THE OLD CONVENT  
3020 ERIE AVENUE, CINCINNATI, OHIO 45208**

### **Retreat offerings for you to choose from:**

- seminars and workshops on teaching adolescents
- writing and read-arounds
- solo time
- meal preparation and sharing
- saturday night out
- yoga
- massage
- hiking in the park
- an evening at the observatory
- a service project in the city



**MARTA** is the director of Cincinnati Montessori Secondary Teacher Education Program (CMSTEP). She has been a Montessori teacher and administrator in both private and public schools for 25 years. She is the founder of Clark Montessori Jr & Sr High School in Cincinnati, Ohio.



# CMSTEP RETREAT

FOR MONTESSORI SECONDARY EDUCATORS

Saturday, January 16, 2 PM through Monday, January 18 noon, 2010

## Registration

Name \_\_\_\_\_

Address \_\_\_\_\_

street

city

state

zip code

School \_\_\_\_\_

Contact Info \_\_\_\_\_

email

cell #

home #

Retreat activities most interested in

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Please mail registration form and \$325.00 fee by December 18, 2009 to:

CMSTEP

PO Box 20145

Cincinnati, OH 45220